

# Employee Wellness Program

Confidential Drug Testing has extended our commitment to ensuring your employees good health.

Have you been exposed to the term "wellness" and do you know what it means? Wellness is the managing of daily activities and practicing regular habits to improve the quality of life. It is taking responsibility and choosing a healthy lifestyle.

As an employer, you have accepted many responsibilities that affect the lives of your employees and their families. Maintaining a happy and healthy workforce is the key to your continued success. Providing your employees with health screening and wellness presentations gives you access to the health of your work force. Once accessed, your organization will be able to plan and effective wellness program with CDT, which will lower medical expenses, increase productivity, and raise employee moral.

Our professional staff is here to assist you in maintaining the health and wellness of your employees. With over 10 years experience, we are committed to providing superior service to your organization.

• More about CDT Wellness programs here!

## Wellness Programs

- Annual
- Bi-monthly
- Quarterly

## Health Fairs

- Comprehensive Health Fairs
- Mini Health Fairs

CDT Wellness provides a number of services:

- Flu Shots
- Hepatitis A & B Immunization
- Blood Screening (Cholesterol, etc.)
- Health Fair Organization
- Diabetes (Glucose)
- Hypertension (Blood Pressure)
- Height and Weight Comparison
- Visual Activities
- TB Screening
- Health Risk Assessments
- OSHA Training

## Chemistry Profiles

Chemistry profiles are designed to help your physician to make a determination about your health. 24 tests are done to determine if you are in good health. These tests will help your doctor determine if you have signs of:

- Kidney Disease
- Liver Disease
- Heart Disease
- High Cholesterol
- Arthritis
- Diabetes
- Cancer
- Osteoporosis
- And many more

Early diagnosis of a disease will help your employees live longer. It will also help your organization's bottom line on sick leave and helps everyone avoid high hospital bills in the future.

Do it for your employees and their families!

All services in the Wellness Program are offered on-site and by appointment.

